

## INNER COMPASS

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INDIVIDUAL SESSIONS & GROUP INSTRUCTION TO EMPOWER & INSPIRE YOU!

## FALL 2010 EVENTS

### OCTOBER 2010

#### MEDIUMSHIP 101: INTUITION & MEDIUMSHIP BASICS



Everyone has innate intuitive, psychic, and mediumistic abilities. Learn from the ground up how to recognize, understand, and apply these natural talents and skills, and experience the benefits of greater meaning, purpose, and fulfillment that they bring to your personal life. In this introductory course (the first in a series of courses on mediumship development), we will focus on these foundational principles that will bring a lifetime of meaningful experiences.

- ✦ **Openings:** Being Receptive
- ✦ **Rules & Guidelines:** The Power of Intention, Prayer & Affirmation
- ✦ **Meditations:** A State of Mind
- ✦ **Clairperceptions:** Seeing, Hearing, Sensing & Knowing
- ✦ **Message Sources:** Who, What, When, Where, & Especially, How?
- ✦ **Communication Methods:** Working Energetically, Intuitively & Mediumistically

*Six Thursday afternoons, 2 - 4 pm.*

*October 14 & 28, November 11, December 2, 16, & 30.*

*\$75; pre-registration required, limited space.*

*Joanne Franchina, instructor*

### NOVEMBER 2010

#### PAST LIFE HEALING THROUGH REGRESSION & RESTRUCTURING

Exploring the potentials of past lives is a fascinating and enriching experience. It can also be a catalyst for profound spiritual healing and life-changing transformation. This is because the circumstances in our present lives often mirror, and are related to, an event from one or more of our past lives. When we become aware that certain "negative" belief structures that we experience today may be anchored in our subconscious memories from a past life, we can break the self-sabotaging patterns of resistance and open ourselves to decisions and actions that support our highest intentions and free us to live more fully conscious lives.

Join Jaccolin and Joanne Franchina—ordained Spiritualist ministers and certified clairvoyant mediums with several years of



experience between them in helping people improve their lives through past-life regression, restructuring, and spiritual healing—in this highly interactive workshop:

- ✦ Experience a group regression session during which you'll explore past lives with the specific intention to discover potential sources of present-day healing.

- ✦ View a demonstration of restructuring, a powerful, multidimensional method for discovering and releasing unconscious response patterns to past trauma.
- ✦ Learn to apply specific elements of regression, restructuring, and spiritual healing to help you begin to release personal patterns of resistance as you experience them in your present life on a day-to-day basis, and make choices that support your highest potentials and intentions.

**Saturday, November 6, 12 noon - 4:30 pm.**  
 \$65; early registrations (by October 30) \$60.  
 Jaccolin Franchina & Joanne Franchina, instructors.

## VICTORY OF LIGHT EXPO

Stop by the Inner Compass booth to say hello, stay for a mini-reading, and attend Joanne's two free workshops. This fall, Joanne is featuring clairvoyant mediumship readings, as well as specialty readings featuring Spirit Art and her newest favorite, "Postcards from the Other Side". Joanne is sharing a booth with Rose Vanden Eynden and Jaccolin Franchina, so be sure to say hello to them too.



**Saturday & Sunday, November 20 - 21, 10 am - 7 pm.**  
 Sharonville Convention Center, Cincinnati, Ohio.  
[www.victoryoflight.com](http://www.victoryoflight.com).

**GALA MEDIUMSHIP DEMONSTRATION** with Joanne Franchina, Rose Vanden Eynden, Jaccolin Franchina, and other gifted mediums. In this special demonstration of gallery-style mediumship, each message incorporates a special item inspired by spirit through the medium's clairvoyance, such as oracle cards, crystals, flowers, spirit art, or everyday items, and the recipient of the message will receive the item as a token of remembrance from spirit.

**Sunday, November 21, 1 - 2 pm.**

**DISCOVER WHAT YOUR SOUL CRAVES FROM YOU** with Joanne Franchina. Learn to nurture your soul as you experience powerful meditations in which your wise inner self shows you what you really need more of (and less of!) in your life.

You'll also come away with practical steps that you can take to bring your soul cravings to fruition and continue to nurture yourself.

**Sunday, November 21, 3-4 pm.**

## DECEMBER 2010

### GALA MESSAGE CIRCLE EVENT & HOLIDAY CELEBRATION

Message Circle Events are popular with groups and those who are new to intuitive readings—and no wonder! They are fun and affordable, and allow one's friends



and family members to participate. What happens in a message circle? Well, a handful of participants sit in a circle with a clairvoyant medium, who provides a message, or mini-reading, for each participant in turn. Joanne and her office partner, Rose Vanden Eynden, have invited some of their favorite mediums in the area to participate, including Jaccolin Franchina and Christine Sabick.

This event will be like a "Gala" in the Spiritualist tradition and include special items, such as oracle cards, crystals, spirit art, and more. During each mini-reading, the medium will be inspired by spirit to talk about a particular item that the participant can then take home as a special gift from spirit. That is, *after* they've enjoyed some lively conversation and refreshments with all of us as we celebrate this festive holiday season!

**Friday, December 3, 7 - 10 pm.**

\$20; limited space, pre-registration required\*.

Joanne Franchina, Rose Vanden Eynden, hosts; guest mediums.

**To pre-register**, email Rose at [info@vandeneinden.biz](mailto:info@vandeneinden.biz).

Include your name, the number of reservations needed, your email address and telephone number, and how you heard about the event.

## HOST A HOLIDAY READING PARTY

Get into the "spirit" of the holiday season this year by hosting a private reading party, message circle, or message service at your home. It's a great way to introduce your friends and family members to readings and messages from spirit loved ones. For even more holiday fun, have Joanne incorporate into each message a special token of remembrance from spirit, such as holiday cards, crystals, or spirit art, that your guests can take home as party favors. *Read more about these events (under Services) on the Inner Compass website: [www.YourInnerCompass.com](http://www.YourInnerCompass.com), or contact Joanne to talk with her about setting up your unique event.*

## INNER COMPASS GIFT CERTIFICATES

Purchase a gift certificate from Inner Compass this holiday season or any time, and give your loved ones the gifts of self-empowerment and inspiration. *Contact Joanne to purchase your gift certificates.*

## JANUARY 2011

### BEST YEAR EVER! Life Coaching Circle

Have you ever wished your life could be better? That someone would mentor you about the specific areas of your life in which you could use some help? That you could learn, once-and-for-all, how to keep the resolutions that you make? Well, POOF! Your fairy godmother has arrived on the scene with a unique opportunity for you. In this ongoing coaching circle, you'll work with your own real-life goals and priorities, and get lots of individualized support, in applying the key manifestation processes of intention, attraction, and action, to help you create the year (and life!) of your dreams. This is group coaching at its best, and it covers *every major area* of your life: it's like having your very own personal life coach, and sharing her with a small circle of your friends.

Monthly Topics—that is, what your fairy godmother/coach is going to help you to do (view topic details online at [www.YourInnerCompass.com](http://www.YourInnerCompass.com)).

- ✦ January: **Put Yourself First**
- ✦ February: **Prioritize Your Life**
- ✦ March: **Increase Your Energy & Time**
- ✦ April: **De-Clutter Your Environment**
- ✦ May: **Invest in Your Financial Well-Being**
- ✦ June: **Improve Your Health**
- ✦ June: **Establish a Supportive Community**

- ✦ August: **Build a Fulfilling Personal Relationship**
- ✦ September: **Do Work that You Love**
- ✦ October: **Expand Your Spirit**
- ✦ November: **Be Efficient**
- ✦ December: **Enjoy Effortless Success**

*Second and Fourth Tuesdays of each month, 7 - 8:30 pm.*

*\*July & August dates are currently tentative.*

*\$40 per monthly topic (includes 2 sessions)*

*or \$295 for a full year (includes 24 sessions).*

*Pre-registration required; contact Joanne to register.*

## FEBRUARY 2011

### GIFTS OF THE GODDESS: Empower Yourself with Divine Feminine Energy

The beautiful and inspiring goddesses are waiting for you to invoke them, ready to assist you in a deeper understanding of your own powerful link to the Divine Feminine. During this uplifting and interactive workshop, you will learn and experience:

- ✦ Getting to Know the Goddesses
- ✦ Working with Goddess Energy
- ✦ Special Insights & Inspiration of Mary Magdalen
- ✦ Empowerment Ceremony with the Divine Feminine

*Saturday, February 5, 9:30 am - 4:30 pm.*

*\$85; early registrations (by January 29) \$75.*

*Rose Vanden Eynden & Joanne Franchina, instructors.*



## MARCH 2011

### STOPS ON YOUR SPIRITUAL JOURNEY with Sherry Lee Calkins, Gretchen Clark & Jaccolin Franchina

Save the dates for a special weekend featuring three sisters who are all registered mediums in Lily Dale, New York, and fifth-generation Spiritualists.

*Friday-Sunday, March 18-20.*

## APRIL 2011

### WEEKEND OF WORKSHOPS with Sharon Anne Klingler

You won't want to miss this inspirational weekend with one of our favorite mediums, Sharon Anne Klingler, who is teaching about *Past Life Mediumship*. *Friday-Sunday, April 29-May 1.*

## **NEW OFFERING! MEDITATION IN THE WORKPLACE & INNOVATIVE BUSINESS COACHING**

Meditation in the Workplace is a coaching service for businesses that includes "lunch and learn" sessions of facilitated group meditations with informal group meditation coaching; or more formal meditation instruction in techniques and practices to enhance the workplace experience, including meditations for creativity and inspiration; for focus and productivity; and for relaxation and balance. It's all part of Joanne's newest line of coaching, *Innovative Business Coaching*.

Applying her experience as a business analyst and quality assurance manager in the corporate arena, business coaching has become a natural extension of Joanne's life coaching practice. The purpose of business coaching is to help the client to implement key changes that bring meaningful results to the organization and especially, to the lives of the people who work there. Small businesses, autonomous groups within larger organizations, and individuals in key positions such as entrepreneurs, upper managers and change agents, are especially well suited to the leading-edge processes employed by Inner Compass. Offerings include:

- ✦ **Seminars, workshops, & lectures, with follow-up coaching.** Joanne conducts training sessions in a myriad of relevant business topics, such as life balance, meditation, intuition, group work, and the workplace environment. Following the training, Joanne offers customized coaching for individuals or the group, to help the client effectively apply the knowledge and skills learned during the training.
- ✦ **Customized coaching for small groups.** Over a series of sessions, Joanne helps the client to clarify their intentions, make appropriate choices, and take effective actions, while she support the client in enhancing their inherent skills, resources, and creativity. Joanne's approach to business coaching is based on her experience as a business analyst and quality assurance manager. What makes it unique is that it also encompasses the universal principles of intention, attraction, and action, as well as a holistic perspective.

*Contact Joanne to schedule a complimentary, preliminary conversation to determine whether business coaching is right for your organization.*

## **ONGOING EVENTS: MEDITATION CIRCLE**

In this ongoing circle, you'll experience powerful group meditations and explore a variety of metaphysical subjects, all geared to your personal spiritual development.

*First and Third Tuesdays of each month, 7-8:30pm.*

*Love offering.*

*Joanne Franchina, facilitator.*

*Pre-registration required; contact Joanne to register.*

## **MEDIUMSHIP DEVELOPMENT CIRCLE**

Develop your intuitive and clairperceptive abilities at your own pace, in a small-group setting that fosters individual attention to hone your natural talents and skills.

*Every Thursday of each month, 7-8:30pm.*

*\$12 per session, pay as you go; \$40 for a month of sessions (up to 4 sessions).*

*Joanne Franchina, facilitator.*

*Pre-registration required; contact Joanne to register.*

## **THE SERVICE THAT STARTED IT ALL: MEDIUMSHIP READINGS**

The purpose of a mediumship reading is to communicate to the client loving, healing, and guiding messages from loved ones in spirit. I use my intuitive and clairvoyant mediumship abilities to receive this spiritual communication, which is always intended for the client's personal empowerment and inspiration. A reading may touch on more than one area of the client's life, such as personal growth, spiritual direction, relationships with significant others, family situations, occupations, or health, yet many readings tend to focus on a core issue. Spirit loved ones are identified as their energetic presences are sensed; these are often relatives or friends who have passed into spirit, and occasionally, spiritual guides who are working with the individual's higher self.

*Contact Joanne to schedule a mediumship reading.*