

INNER COMPASS

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INDIVIDUAL SESSIONS & GROUP INSTRUCTION TO EMPOWER & INSPIRE YOU!

MAKING ROOM FOR

Spring

What have you been up to lately?

I've been making room for the things that I truly want to experience in my life. All winter long, I clarified and prioritized my intentions. I allowed myself to feel what it would feel like. I tried on (until I felt comfortable in) the belief that I deserve to experience all of these things. I opened myself to an even better manifestation than my thoughts would allow—I opened myself to the possibility of miracles. And I received synchronistic prompts to take action along the way, which is such fun!

Most importantly, I reached deep within myself to fully expand into this new energetic space. During dark, cold winter nights, I felt the energy growing and forming. As winter transformed into spring, I felt the winds of change (which I absolutely LOVE). Now, with "the encouragement of light against my being," (Hafiz, from *The Gift*) I am ready to open my heart and share with the world several exciting new prospects.

One of these areas of expansion is manifesting on the physical plane, literally as I write this. I am thrilled to share with you that my office space is about to expand: by the end of this April, my

fabulous office partner, Rose Vanden Eynden, and I will have moved into a new office space in our current building that is larger, lighter, and better suited to the needs of our clients.

We are planning to move on Saturday, April 23, just one floor below where we are located now, to suite 107. This new space will be marvelous for our workshops, circles, and events—the universe couldn't have provided a more perfect solution!

SPRING 2011 EVENTS

Welcome to Inner Compass, an intuitive life coaching practice. My name is Joanne Franchina, and I help empower and inspire people to live fulfilling lives by applying their inner wisdom in everyday situations. Inner Compass offers individual sessions, including *Mediumship Readings* and *Intuitive Life Coaching*, and group events, including *Work (and Play!) Shops*, *Reading Parties*, *Group Coaching Circles*, and *Innovative Business Coaching*, to empower and inspire you.



At the moment there are several unique, intriguing, and truly inspirational events from which to choose—the calendar is loaded and there's something for everyone. You can read about them on the Inner Compass website: www.YourInnerCompass.com.

APRIL - MAY 2011

SPECIAL WEEKEND OF WORKSHOPS

featuring Sharon Anne Klingler

I am pleased to bring to the Cincinnati community—along with my co-sponsors Jewelry by Jaccolin and Light Journey Enterprises—another wonderful weekend of workshops featuring internationally known medium and author Sharon Anne Klingler, whose work has greatly influenced my own spiritual development. In addition to Sharon's popular event, "Messages from Beyond," her workshops this spring will focus on Spirit Communication; specifically, adapting old-time techniques for modern-day mediums...how intriguing!

MESSAGES FROM BEYOND

Make the spirit connection! Let your guides and loved ones in spirit bring you their insights through Sharon's dynamic clairvoyance and guided imagery exercises. You will feel the presence of spirit as Sharon shares their messages for many audience members. She will also lead you through exciting processes that help you to connect with your spirit loved ones and guides yourself.

Friday, April 29, 7 - 9 pm.

\$25; early registrations (by April 21) \$20.

Sharon Anne Klingler, guest instructor.

SPIRIT PAST & PRESENT: New Twists on the Old-Time Ways to Spirit

Is there anything new to be found in the old? Absolutely, when it comes to working and communicating with spirit! Learn brand new techniques inspired by the old-time Spiritualists, and learn how to open yourself to spirit and expand your intuitive abilities by adapting techniques over a hundred years old.

This workshop includes: ✦ Our Roots in 1800s Spiritualism. ✦ Sympathetic Intuition. ✦ Book Tests. ✦ Forerunners and Arrival Cases. ✦ The Etheric Double and Etheric Senses. ✦ New Kinds of Séances. ✦ Automatism. ✦ Psychography: Slate Writing in Mental Mediumship. ✦ New Twists on Clairvoyance, Psychometry, and Perceptive Writing & Imaging. ✦ Cross Correspondence. ✦ Billets & Down-Through Cognition. ✦ Adapting Physical Phenomena to Mental Mediumship.

Come and learn some new twists from days gone by that help you strengthen and illuminate your perception of spirit. Discover how to build a greater, easier union – and communion – with the world beyond when you use the old ways to meet spirit right now!

Saturday, April 30, 10 am - 5 pm

(includes a break for lunch).

\$95; early registrations (by April 21) \$90.

Sharon Anne Klingler, guest instructor.

MANY LANGUAGES OF SPIRIT: Journey to the Center of Power

The center of all power and grace is within. To get there you must take steps to know your spirit. These steps are easier than you think, especially when you find assistance from the spirits who help you.

In this workshop you will discover: ✦ The Breath of Spirit. Transillumination – Sensing in the Light. ✦ Multisense Interpretation – the Rosetta Stone of Mediumship. ✦ Astral Shifts: from Psychic Depletion to Spiritual Lifting. ✦ The Priory of the Unconscious. ✦ The Akashic Records & the Art of Knowing.

Sunday, May 1, 10 am - 1 pm.

\$50; early registrations (by April 21) \$45.

Sharon Anne Klingler, guest instructor.

Register for all three workshops by April 21 for only \$150, a savings of \$20

SHARON ANNE KLINGLER is a speaker, author and medium who has been teaching the spiritual arts and spirit communication for over thirty-five years. Her books include *Intuition & Beyond*, the best-selling *Secrets of Success* co-authored with her sister Sandra Taylor, two comprehensive multimedia programs, *Speaking to Spirit* and *Advanced Spirit Communication*, and many other books and CDs. She has been featured in several newspapers and magazines and on major television and radio outlets in Australia, Canada, England, and the U.S. Sharon maintains a private practice in mediumship and other metaphysical disciplines with high-profile clients around the world. She lectures throughout the U.S., Europe, Australia, Canada, and New Zealand. www.starbringerassociates.com.



MAY 2011

CREATING SACRED SPACE

By popular request I am again offering this uniquely experiential workshop where you will learn and practice techniques to create a sanctuary in your home or work space based on wisdom teachings from around the globe.

Learn techniques to clear the energy in a room, a ceremony to bless a room for a particular use, and well as space-clearing preparation and preservation tips. You'll also take home special tools that you can use to help you create sacred space wherever you go.

Saturday, May 21, 1 - 4 pm.

Registration deadline May 14.

\$50; includes space-clearing kit.

Joanne Franchina, instructor.

MESSAGE CIRCLE EVENT with Rose Vanden Eynden, Joanne Franchina & Guest Mediums

Message circles are popular with groups and those who are new to mediumship readings—and no wonder!

They are fun and affordable, and allow one's friends and family members to participate. What happens in a message circle?

A handful of participants sit in a circle with a clairvoyant medium who provides a message, or mini-reading, for each person in turn. My office partner, Rose Vanden Eynden, and I have invited some of our favorite mediums in the area to participate, and we hope you will, too!

Friday, May 27, 7 – 9 pm.

\$20; limited space, pre-registration required.*

Joanne Franchina & Rose Vanden Eynden, hosts; guest mediums.

***To pre-register, email Rose at info@vandeneynden.biz. Include your name, the number of reservations needed, your email address and telephone number, and how you heard about the event.**



ONGOING EVENTS

NEW DAY, TIME & FORMAT: GROUP MEDITATION CIRCLE

The Inner Compass meditation circle is expanding—in time and place, scope, and fun! Each monthly circle now focuses on a specific theme. We will occasionally meet at other locations such as outdoor facilities, and enjoy a mix of energies when guest facilitators are able to join me in leading the circles.

The meditation circle remains open to everyone and free (although donations are much appreciated), so bring your friends and be prepared for an inspiring evening. Because of the spontaneous nature of the circle, I do ask that you sign up to receive the email reminders that will contain all of the relevant details, or be sure to check the Inner Compass website before you venture out to join us! March's meditation circle focuses on posture and movement; future circles will feature meditations incorporating nature, sound, breath, chanting, healing, creativity, and much more—see the website for details.

MEDITATIONS FOR HEALTH & HEALING

We will explore meditations that promote the healing process for specific purposes, such as relaxation and stress relief, focused healing visualizations, and clearing resistance from the mental, emotional, and spiritual ties to physical symptoms.

Wednesday, April 27, 7 - 9 pm. (4th Wednesdays)

Inner Compass Offices, Suite 107.

Free/Donation.

Open to everyone but pre-registration is recommended; contact Joanne if interested in participating.

Joanne Franchina, facilitator.

MEDIUMSHIP DEVELOPMENT CIRCLE

Develop your mediumship, intuition, and psychic abilities at your own pace, in a small-group setting that fosters individual attention to hone your natural talents and skills.

Every Thursday, 7 – 8:30 pm.

\$12 per session, pay-as-you-go. \$40 for a month of sessions (up to 4 sessions).

Pre-registration required: contact Joanne if interested in participating.

Joanne Franchina, facilitator.

BEST YEAR EVER! LIFE COACHING

CIRCLE with Joanne Franchina

Have you ever wished your life could be better? That someone would mentor you about the specific areas of your life in which you could use some help? That you could learn, once-and-for-all, how to keep the resolutions that you make? Well, POOF! Your fairy godmother has arrived on the scene with a unique opportunity for you.

In this ongoing coaching circle, you'll work with your own real-life goals and priorities, and get lots of individualized support, in applying the key manifestation processes of intention, attraction, and action, to help you create the year (and life!) of your dreams. This is group coaching at its best, and it covers *every major area* of your life: it's like having your very own personal life coach, and sharing her with a small circle of your friends.

*Second Wednesday of each month**, 7 - 9 pm.

\$20 per session, pay-as-you-go.

Space VERY limited; advance registration required.

Contact Joanne to register.

Joanne Franchina, facilitator.

DECLUTTER YOUR ENVIRONMENT

Make room for the things you want in your life by getting rid of the things you no longer need. We will discuss the key principles behind how your energy affects, and is affected by, your living and working spaces. And we will cover practical considerations of clearing clutter, including: the clutter test; how to get started; what to do when you are busy or stressed; and letting go of your "stuff."

* *Wednesday April 13*, 7 - 9 pm.

INVEST IN YOUR FINANCIAL WELL-BEING

To improve your financial situation, you have to do the inner work of changing how you think and feel about money, and then you have to do the outer work of managing your money in practical ways. First you'll build your awareness of your financial situation by identifying areas of potential improvement in how you handle money now. You'll identify the limiting beliefs that are most affecting your life and how to change those beliefs.

You'll also learn to develop new money skills step-by-step that will secure your financial future.

* *Wednesday May 11*, 7 - 9 pm.

BRAND NEW OFFERING!

THE MEDIUMSHIP CLINIC: ACCELERATED LEARNING SESSIONS with Joanne Franchina & Guest Instructors

This new offering features a variety of topics to help you with your mediumship. Each session focuses on a particular technique or concept, and each session focuses on practical application of the knowledge and skills that are covered. This means lots of practice time with on-the-spot, in-the-moment coaching that is tailored to your needs, followed by specific feedback and suggestions to further hone your abilities.

Many of the sessions will be team-taught by me and a colleague that I have invited based on his or her style of mediumship, passion for teaching, and especially, demonstrated ability and interest in the topic. The sessions will feature topics such as message flow, evidence, platform skills, and readings.

SPIRIT ART AS MEDIUM

with Christine Sabick & Joanne Franchina

Check the Inner Compass website soon for a detailed description of this inspiring workshop that focuses on using Spirit Art as yet another medium for your mediumship...and artistic skill is *not* necessary!

Saturday, June 18, 1 - 4 pm.

\$55; early registrations (by June 11) \$45;

includes art materials.

Christine Sabick & Joanne Franchina, co-instructors.

CHRISTINE SABICK is a Spiritualist minister ordained through Camp Chesterfield in Indiana, and the Director of Education for the United Spiritualists of the Christ Light Church in Cincinnati, Ohio.



She is the author of *Angel Talk: Chatting with the Angels*. Christine's experience with Spirit Art includes mediumistic portraiture and other visionary art forms. Her unbridled enthusiasm and spontaneity ensure a fun and inspiring session for everyone. www.radiantbeginnings.com.